

## Why Choose Encore Surgery Center?

### Experience the Comfort and Convenience of Outpatient Surgery

Many surgeries can now be performed on an outpatient basis, offering you a faster, more comfortable recovery experience. At Encore Surgery Center, we are committed to providing high-quality surgical care in a welcoming, family-friendly environment.

## Benefits of Choosing Encore:

**Convenience:** Our state-of-the-art facility boasts a convenient location and predictable scheduling, minimizing disruptions to your daily routine

**Comfort:** Recover in a comfortable, private setting designed to promote a smoother recovery

**Faster Recovery:** Minimally invasive techniques often lead to shorter recovery times and less pain compared to traditional hospital stays

**Safety:** Our center is accredited by Quad A, ensuring the highest standards of quality care and patient safety

## Our Specialties Include (More to Come!):

- ☉ Pain Management
- ☉ ENT – Head and Neck
- ☉ Gastroenterology
- ☉ General Surgery
- ☉ Orthopedics

## Designed for Your Care!

We appreciate you choosing us for your upcoming surgical procedure. At Encore Surgery Center, we are committed to providing you with a safe, high-quality healthcare experience in a comfortable and efficient environment.

Our state-of-the-art, accredited facility prioritizes your well-being. We understand the importance of addressing your concerns and creating a calming environment for optimal care. Our dedicated team of medical professionals is committed to listening attentively and ensuring your comfort throughout your time with us.

## To Facilitate Your Visit

Please take a moment to review the following information, which provides an overview of our center and answers many frequently asked questions.

## Your Scheduled Procedure

**Date of Procedure:** \_\_\_\_\_

**Time of Procedure:** \_\_\_\_\_

Learn More: For further information about our center and services, please visit our [www.encoresurgerycenter.com](http://www.encoresurgerycenter.com)

☎ (626) 332-1388

📄 (626) 379-1875

300 W. Badillo Street  
Covina, CA 91723



Scan  
QR  
code



Welcome to  
Encore Surgery Center





## Preparing for Your Procedure

We appreciate you choosing us for your upcoming procedure. This brochure provides important information to prepare you for your surgery and ensure a smooth experience

## Understanding Anesthesia

Anesthesia options are available to manage pain and discomfort during your surgery. We offer various types, including general, regional, IV sedation, local, and topical anesthesia. Your doctor or anesthesiologist will discuss these options and determine the most suitable choice for you and your procedure

## 1 to 2 Weeks Before Your Procedure

You may be advised to stop certain medications, such as blood thinners and NSAIDs. Discuss this thoroughly with your doctor to understand the appropriate timeframe for stopping these medications before surgery. Vitamins and herbal supplements might also need to be discontinued

Inform your doctor about any changes in your health, including colds, fever, or flu-like symptoms, as well as any cuts, scrapes, or rashes near the surgical site

## The Day Before Your Procedure

**Please avoid alcohol** as it can interfere with the procedure

**Arrange for a responsible adult companion** (friend or family member) to drive you to and from the facility and stay with you after returning home. You cannot leave unaccompanied or take a taxi / rideshare. We may be forced to postpone your surgery without a designated companion

**Guardians or caregivers of minors or those with power of attorney** must bring legal verification documents

**Confirm your arrival time.** A staff member will call you a few days beforehand to confirm the date, time, and necessary arrival time at the center. This time may be subject to change due to unforeseen circumstances

## The Night Before Your Procedure

**Food & Drink:** Unless instructed otherwise, refrain from eating or drinking anything after midnight. Follow any specific instructions you receive regarding liquids



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## Morning of Your Procedure

**Medications:** Take prescribed heart or blood pressure medications with a small sip of water. Follow your doctor's instructions for insulin or oral diabetic medication

**Bring inhalers, CPAP machines, or insulin** if you use them regularly, and follow instructions on whether to bring them to the center

**Remove jewelry, body piercings, and metal hair clips**

**Personal Belongings:** Leave valuables like laptops, cell phones, or expensive items at home

**Personal Care:** For all procedures except colonoscopies, remove nail polish, makeup, and shower/wash your hair. Do not shave the surgical site, use perfumes, deodorants, or lotions. Do not mark the surgical site. Your surgeon will mark it if necessary

**Wear comfortable, loose-fitting clothing** such as pants with an elastic waistband and a button-up shirt. Bring a jacket or sweater for comfort. Opt for secure footwear like sneakers or rubber-soled shoes

**Prepare a list of all medications and supplements** you take, including name, dose, frequency, reason for taking, and Spacives issues prescribing doctor's name (if applicable)

**Bring your insurance card, photo ID, copayment, and advance directives** (if you have one)

**Arrange for your responsible adult companion to drive you**

## After Your Procedure





Our Post Anesthesia Care Unit (PACU) nurses will monitor and care for you immediately after surgery. Your recovery time will vary depending on the procedure and anesthesia type. Discharge will occur when your doctor deems it safe for you to go home

**You and your companion will receive written home care instructions** on caring for yourself and the surgical area. Overnight supplies for dressing changes (if needed) will be provided

Follow your doctor's restrictions while recovering at home, such as avoiding strenuous activity, alcohol, operating machinery, driving, or making significant decisions

## Prior Notifications

**You will receive written and verbal information about:**

-  Patient Rights and Responsibilities
-  Physician Ownership Disclosure
-  Notice of Privacy Practices
-  Policy on Advance Directives